

**TEXAS 4-H FOOD SHOW
SCORECARD 2014**

NAME: _____ **COUNTY:** _____

ENTRY CATEGORY: _____ Protein _____ Fruit & Vegetable _____ Grains _____ Dairy

AGE DIVISION: _____ Junior _____ Intermediate _____ Senior

	Rating				Comments	Points
	Outstanding	Good	Fair	Needs Improvement		
I. PRESENTATION						
Effectiveness of Communication: Voice; poise; personal appearance	10-8	7-6	5-3	2-1		(10)
II. THE INTERVIEW						
Knowledge of MyPlate: Food group of individual ingredients, serving amount needed from each group daily; food group that dish falls into; knowledge of personal healthy lifestyles choices based on dietary guidelines	20-15	14-10	9-5	4- 1		(20)
Nutrition Knowledge: Knows what this dish contributes to the diet	15-11	10-6	5-3	2-1		(15)
Food Preparation: Knows the key steps in preparation of food and function of ingredients	15-11	10-6	5-3	2-1		(15)
Food Safety Concerns & Practices: Knows food safety concerns in preparation and storage of dish	10-8	7-6	5-3	2-1		(10)
4-H Food & Nutrition Project Activities: Community service; leadership; workshops, etc.	10-8	7-6	5-3	2-1		(10)
III. Food Evaluation						
Food Presentation/Quality: Appearance of food (texture, uniformity); garnishing	10-8	7-6	5-3	2-1		(10)
IV. PAPERWORK						
Complete Recipe	5-4	3	2	1		(5)
Summary of Experiences	5-4	3	2	1		(5)
ADDITIONAL COMMENTS:						Total Points: