

## TEXAS 4-H FOOD SHOW CONTEST PAPERWORK

CONTESTANT	STANT NAME:				
CATEGORY Please check one	Breads & Cereal	Fruits & Vegetables	Main Dish	Nutritious Snack	
COUNTY	·	· · ·	·		
DISTRICT					

Food and Nutrition Project Experiences  Limit to current year's experiences, including project activities, community service, and leadership.  Limited to space below.				



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## **Texas 4-H Food Show Recipe Information**

Name of Recipe: Prep Time:	Cook Time:	
Tuna Dagina Haras		
Гуре Recipe Here:		